





FREE

Space is limited. Register today!







What is the Natco Community Empowerment Center?

The Natco Community Empowerment Center provides the following FREE resources to anyone in the community:

Internet/computer access and assistance

Resumés, job seeking and employment training

Emergency "immediate needs" resources/referrals

Assistance programs and tutorials in job related fields

Access to a library of resource books and materials

Financial education, personal money management, debt solutions, credit repair

We invite you to come and benefit from our many services. Between the one-on-one services provided at the center, to our community courses, you will become equipped to grow and become stronger both professionally and personally!

Become empowered today!

Natco Community Empowerment Center



1627 E. Main Street Richmond, IN 47374 (765) 983-4766 ncec@natcocu.org



www.natcocu.org/ncec www.facebook.com/NatcoCU.NCEC

Hello neighbor!

Thank you for previewing the Natco Community Empowerment Center Class Catalog. We hope you find it filled with opportunities you can grow from in both your personal and professional life!

All courses provided in this catalog are FREE! Registration is open until full. Space is very limited so please be sure to register early. Registration is quick and easy, simply call (765) 983-4766 or register online.

All courses are located at the Natco Community Empowerment Center at 1627 E. Main Street in Richmond unless otherwise noted.

On behalf of myself and all of our amazing Natco team, we look forward to sharing opportunities with you. best of luck and success in your journey!

Cynthia L. Duke
Cynthia L. Duke, CEO

Helping people live better lives.



A program based around the work of Ruby K. Payne, PhD. Materials developed by aha Process.

If you have not spent time living in poverty you may not understand, or even be aware of, the "hidden rules" that run the lives of many people who struggle daily to make ends meet.

Most people in poverty are in survival mode, struggling to pay bills, feed their family, provide health care to their children, fighting to survive ONE DAY AT A TIME. Many of the support systems that are available to those in middle class and wealth are not available to those living in poverty.

If you would like a deeper understanding of these daily struggles, as well as the unbelievable strength of those living in poverty, this training is for you. This two hour training will allow you to walk away with

- a better understanding of the mental models of poverty, middle class and wealth
- an awareness of the hidden rules of all economic classes
- a better understanding of the struggles people in poverty experience
- understanding of the resources needed to have a thriving life

You will also learn different ways our community addresses poverty and how you can be involved.

Contact Dana Sinclair at (765) 983-4764 or dsinclair@natcocu.org to learn more and see how you can get involved.





C.A.\$.H.H.

"Creating Accountability & Sustainable Healthy Habits"

"C.A.S.H.H" is Natco's interactive financial makeover workshop for anyone serious about taking control of their finances. Be prepared to understand exactly how to "pay yourself first." This workshop has been developed to provide YOU with financial knowledge and opportunities, followed by a Certificate of Achievement. This one hour workshop includes:

- of Budgeting, credit and debt management
- Spending leaks
- ✓ Long-term saving/spending plan
- **S** Financial scams and identity theft
- **Sorrowing money**
- ✓ Understanding/applying your consumer rights
- of Setting financial goals
- of Eliminating stress and becoming financially FREE!

VIEW ONLINE CALENDAR NOW! Space is limited. Register online now or call (765) 983-4766.





THRIVING ...one step at a time

Do you have dreams?

Now is the time to make them your reality!

This 15 week small group training is developed to support you in taking those dreams, turning them into short-term and long-term goals and then taking action.

You will have support, instruction and motivation along the way to help you achieve your future story!

You will be provided with resources, knowledge and support to grow, excel and make your dreams a reality!

Materials Included

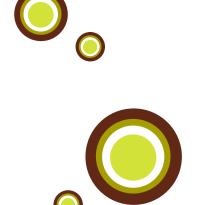
View our online calendar.

Space is limited. Register online!

Questions - Contact Dana Sinclair at (765) 983- 4764 or dsinclair@natcocu.org.





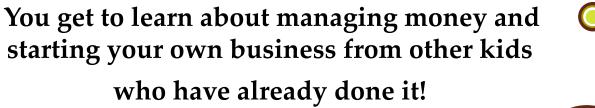






What is it?

Biz Kids is a fun, fast-paced TV series that teaches kids about money and entrepreneurship.





Where do I sign up?

Sign up to be a part of this program at the Boys and Girls Clubs of Wayne County. The program meets once a week to watch the show and hang out!













Thinking about what to fix for dinner? Did you forget to lay something out? Too tired to cook? Sick of take out?

Come learn how to take the guessing game out of dinner.

During our meal planning class you will learn things like how to plan meals around weekly sale ads, cook once eat twice, meal prepping, preparing freezer meals, and much more.

You will have the opportunity to receive incentives and giveaways during each session!



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Frugal, Fabulou\$ & Fun!

Come learn exciting new ways to \$ave your money!

"Frugal, Fabulou\$ & Fun" is an interactive group workshop for learning, sharing and accessing "extreme couponing" resources, planning amazing meals around weekly/upcoming sales ads and making your money work for you.



Give us a call if you have additional questions or would like to request an upcoming class - (765) 983-4766.





